

Point North Therapeutic Services

WWW.POINTNORTHTHERAPY.COM



Delilah Montoya, LAC

Specializes in:

- Trauma
- LGBTQ+
- Post-partum and
Perinatal Mental Health

HOURS: M-F 9AM - 5PM

**IN-PERSON + VIRTUAL SESSIONS
AVAILABLE!**



Richard Berg, LMSW

Specializes in:

- LGBTQ+
- Trauma
- Queer Couples
- Children and Teens
- Foster/Adoption

HOURS: LUNCH TIME APPOINTMENTS

M-F (VIRTUAL ONLY)

EVENINGS ON TUES/THURS

**IN-PERSON + VIRTUAL SESSIONS
AVAILABLE!**

INSURANCE ACCEPTED:

AETNA

BCBS

CIGNA/EVERNORTH

UHC

CASH PAY:

\$175-180 FOR INTAKE

\$150-170 PER FOLLOW UP

4115 E VALLEY AUTO DR

SUITE 104

MESA, AZ 85206

PHONE: (602) 805-4100