

# Point North Therapeutic Services

WWW.POINTNORTHTHERAPY.COM



## *Delilah Montoya, LAC*

Specializes in:

- Trauma
- LBGTQ+
- Post-partum and Perinatal Mental Health

**HOURS: M-F 9AM - 5PM**  
**IN-PERSON + VIRTUAL SESSIONS AVAILABLE!**



## *Bianca Wells, LMSW*

Specializes in:

- Anxiety
- LBGTQ+
- Mood Disorders
- Trauma

**HOURS: TH-F 8AM - 5PM**  
**IN-PERSON + VIRTUAL SESSIONS AVAILABLE!**

**INSURANCE ACCEPTED:**

**AETNA**

**BCBS**

**CIGNA/EVERNORTH**



## *Richard Berg, LMSW*

- LBGTQ+
- Trauma
- Couples
- Children and Teens
- Foster/Adoption

**HOURS: LUNCH TIME APPOINTMENTS**  
**M-F (VIRTUAL ONLY)**  
**EVENINGS ON TUES/THURS (IN-PERSON + VIRTUAL)**



**CASH PAY:**

**\$175 FOR INTAKE**

**\$150 PER FOLLOW UP**